

## NEW EARTH TEACHINGS

# INNER SELF INTENSIVE

August 11th, 2018 - Vancouver, BC, Canada

The Inner Self Intensive's outline for the event at the Stanley Park Dining Pavilion is below.

Please ensure that you arrive at least 20 minutes before the event. You can also bring a notebook and/or a pen or Sharpie marker. You're also welcome to bring your own lunch as we will have a 30-minute lunch break and two 15-minute rest breaks.

#### **FULL-DAY SCHEDULE**

- Inner Self Intensive Introduction with Brad Johnson
- Participant Meet and Greet
- Clearing and Purifying the Body and Mind
- Switching off the Ego Mind and Activating the Higher Mind
- Group Empathic Exercise
- The Higher Mind (God Mind) state
- Intention Symbol Creation
- Inner Sensing and Non-Linear Perception Exercise
- Synchronicity Invocation Exercise



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- LUNCH BREAK (30 minutes)
- Memory Reprogramming and Timeline Substitution Exercise
- Grid Maker Exercise
- Nature (Tree) Communion Exercise (Outdoors)
- Blindfold Synchronicity Exercise
- Conscious Bi-Location Exercise
- Spirit Guide Contract Exercise
- Thought Form Guardian
- Question and Answers
- End of Day Review, Daily Exercises and Participant check-in
- Conclusion of Workshop

<u>Exercises subject to change due to schedule restrictions</u>. Exercises will be explained in greater detail on the day of the event.

Exercises will be performed in a safe, positive group environment with encouraging instruction.

By attending the Inner Self Intensive Workshop, the participant agrees only to utilize these exercises for their personal development and is prohibited from teaching these exercises to anyone else.



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For any questions on the Inner Self Intensive, please contact us: <a href="mailto:info@newearthteachings.org">info@newearthteachings.org</a>.